

HEALTH RESOURCES

ALTERNATIVE MEDICINE

National Center for Complementary and Integrated Health (NCCIH)

The NCCIH conducts and supports research on complementary and integrative health products and practices. The center is part of the National Institutes of Health (NIH). This site provides information on how to be an informed consumer of alternative forms of medicine.

<https://www.nccih.nih.gov/>

American Academy of Medical Acupuncture

This professional organization of allopathic and osteopathic physicians combines the practice of medicine and acupuncture to serve their patients. This site includes resources for patients and a searchable directory of providers.

<https://www.medicalacupuncture.org/>

NUTRITION

Food and Nutrition Information Center

The Food and Nutrition Information Center is located at the United States Department of Agriculture (USDA) and includes the most current and reliable information on food, nutrition, and health.

<https://www.nal.usda.gov/fnic>

Plant-based Diets

Ran by the Physicians Committee for Responsible Medicine, this site offers alternative solutions for preventative medicine using plant based diets.

<https://www.pcrm.org/good-nutrition/plant-based-diets>

DIRECTORIES

American Board of Medical Specialties (ABMS)

Find out if a doctor is board certified.

<https://www.abms.org/>

Behavior Health Treatment Services Locator

The Substance Abuse & Mental Health Services Administration (SAMHSA) provides information for those persons seeking treatment facilities in the United States or U.S. Territories for substance use, addiction, and mental health problems.

<https://findtreatment.samhsa.gov/>

Dental Board of California

Verify current dental license status.

<https://www.dbc.ca.gov/>

DoctorFinder

The American Medical Association's directory for finding licensed U.S. physicians.

<https://doctorfinder.ama-assn.org/doctorfinder/home.jsp?>

Medical Board of California

Includes licensed physicians and indicates possible types of disciplinary actions against them.

<https://www.mbc.ca.gov/>

DISABILITIES

Braille Institute of Orange County

This site offers information on a broad range of free programs, classes, and services for those living with blindness and vision loss.

<https://www.brailleinstitute.org/orange-county>

Vision Aware

The American Foundation for the Blind's resource site for the blind and visually impaired.

<https://www.afb.org/blindness-and-low-vision/visionaware>

Hearing Loss Association of America

A national non-profit organization for people who have experienced hearing loss.

<https://www.hearingloss.org/>

National Rehabilitation Information Center (NRIC)

The NRIC is part of the library of the National Institute on Disability, Independent Living, and Rehabilitation Research (NIDILRR). It includes articles, reports, curricula, guides, and other publications and products on technology, health, independent living, and capacity building.

<https://www.naric.com/>

DISEASE

Centers for Disease Control and Prevention

Information on Communicable Diseases, Travel and Health.

<https://www.cdc.gov/>

Vaccines and Immunizations

Information on vaccines and immunizations provided by the Center for Disease Control and Prevention.

<https://www.cdc.gov/vaccines/index.html>

National Organization for Rare Disorders (NORD)

Database for rare disorders with links to resources and support groups.

<https://rarediseases.org/>

DRUGS

RxList

A database that provides drug information and adverse interactions.

<https://www.rxlist.com/script/main/hp.asp>

GENERAL

Family Doctor

Medical advice from the American Academy of Family Physicians.

<https://familydoctor.org/>

MedicineNet

MedicineNet is an online, healthcare media publishing company. They provide medical information for consumers.

<https://www.medicinenet.com/script/main/hp.asp>

Covered California

Covered California, part of the State of California, provides the tools to shop for health insurance that meets your health care needs and financial realities.

<https://www.coveredca.com/>

National Institute on Aging

Find reliable information on aging research and health and wellness for older adults.

<https://www.nia.nih.gov/health>

HealthCare.gov

Affordable Care Act information outlining the health benefits in your state, preventative services for women, young adult coverage, and the health insurance marketplace provided by the U.S. Dept. of Health & Human Services.

<https://www.healthcare.gov/>

KidsHealth

Information on childhood infectious diseases and children's health.

<https://kidshealth.org/>

Mayo Clinic Patient Care and Health Information

Information about diseases, treatment options, and drugs.

<https://www.mayoclinic.org/patient-care-and-health-information>

MEDLINEplus

A service of the National Library of Medicine. Provides health and drug information, directories for physicians and hospitals.

<https://medlineplus.gov/>

National Institutes of Health (NIH)

This site contains an A-Z index of NIH health resources, clinical trials, MedlinePlus, health hotlines, current medical news, and scientific resources. Includes link for information in Spanish.

<https://www.nih.gov/>

PubMed Central

A free full-text archive of peer-reviewed biomedical and life sciences journal literature at the U.S. National Institutes of Health's National Library of Medicine (NIH/NLM).

<https://www.ncbi.nlm.nih.gov/pmc/>

Orange Public Library & History Center
407 E. Chapman Ave.
Orange, CA 92866
(714) 288-2400

El Modena Branch Library
380 S. Hewes St.
Orange, CA 92869
(714) 288-2450

Taft Branch Library
740 E. Taft Ave.
Orange, CA 92865
(714) 288-2430

www.cityoforange.org/library

